INSTEAD OF

LET'S SAY ONE OF THESE:

O-REGULATION ANDBOO

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"There is something about this specific task that my child may not feel competent in."

"There is something about this specific routine that my child might feel worried or anxious about."

"There is something about this specific opportunity that is hard for my child right now."

"I think my child has the skills to do this specific

task, but something is getting in the way right now. I wonder what that is."

WHEN WE START WITH Openness, Specificity, & the Desire to Understand...

WE ARE IN A MUCH BETTER PLACE

to create a competent role and guide engagement & learning from there.

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"My child

doesn't do

non-preferred

tasks"